

Child Nutrition Reauthorization is Important to New York City

The New York City Alliance for Child Nutrition Reauthorization (NYC4CNR) is a diverse group of stakeholders working together to advocate for changes to the 2015 Child Nutrition Reauthorization Act. A strong CNR will strengthen local economies and communities by ensuring children are free from hunger, well-nourished, and ready to learn. The last reauthorization of the Child Nutrition Act legislated cuts to SNAP, which negatively impacted millions of Americans. No future legislation should include cuts to critical anti-hunger programs.

The changes we propose include:

1. Ensuring that every child has year-round access to high quality food.

In NYC, nearly one in four of the city's child population lives in food insecure households. When children do not get the nutrition they need consistently, it has long-term impacts on their health, development and ability to learn.

- Remove barriers so that all families have access to high quality food, defined as locally produced, whenever possible, fresh, nutrient-rich, and minimally processed foods.
- Procure locally and regionally produced foods to increase producers' access to regional markets and, thereby, support strong, economically viable, environmentally sustainable, and resilient regional food and farm economies. Every dollar spent locally equals \$1.86 added to the local economy and every job supported by a local school district's food purchasing has the economic effect of supporting 2.43 jobs.

2. Maintaining nutrition standards and support nutrition education.

Obesity and diet-related diseases are epidemic among children in NYC. Maintaining strong nutrition standards increases access to healthy, nutrient-rich foods for children and their families.

- Provide access to healthy foods and combine access with nutrition education to have a powerful impact on children's eating behaviors in ways that decrease childhood obesity.
- Guarantee child nutrition programs are effective so that they can lead to better health outcomes and reduce health care spending.

3. Increasing program resources and technical assistance.

Technical assistance creates opportunities for job development for New York City workers.

• Enhance the commodity allocation and reimbursement rates, and provide more resources for infrastructure modernization to ensure the best possible meals for our students, increase school meal program profitability, and impact participation.

Sign on to support a strong CNR: <u>nyc4cnr.org/services/support-our-policy-platform</u>

Read NYC4CNR's complete policy platform: nyc4cnr.org/home/policyplatform/

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